

## ABOUT US

**Our Mission:** To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.

**Our Vision:** We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.

**Our Values:**

- Respect, Compassion, Integrity
- Client and/or Family Driven Service System
- Equal Access for Diverse Populations
- Culturally Competent, Adaptive, Responsive and Meaningful
- Prevention and Early Intervention
- Full Community Integration and Collaboration
- Coordinated Near Home and in Natural Settings
- Strength-Based Integrated and Evidence-Based Practices
- Innovative and Outcome-Driven Practices and Systems
- Wellness, Recovery, and Resilience Focus

## CONTACT US

Sacramento County Department of Health Services  
Division of Behavioral Health Services  
7001-A East Parkway, Ste. 100  
Sacramento, California 95823

**Phone:** (916) 875-7070. California Relay Service: 711

**Email:** [bhs-dhs@saccounty.gov](mailto:bhs-dhs@saccounty.gov)

**Website:** [DHS.SacCounty.gov/BHS](https://DHS.SacCounty.gov/BHS)



**Behavioral Health  
Services**

**Quick Resources**

## Quick Resources:

**Crisis: Call 988**, the 24/7 National Suicide & Crisis Life Line. The **Community Wellness Response Team** (clinician and peer team) receive Mobile Response Requests from 988.

Learn about the **Mobile Crisis Support Team**

<https://tinyurl.com/2p9bsjd8>



**Mental Health Services:** <https://tinyurl.com/4jt8sd5h>



**Mental Health Assisted Outpatient Treatment (AOT) Program (Laura's Law):** <https://tinyurl.com/yfuxn7mk>



**Prevention and Early Intervention Service and Mental Health Respite Services:** <https://tinyurl.com/mv2jj4sj>



**Substance Use Prevention and Treatment Services:**

<https://tinyurl.com/4da98yv7>



## How to make a referral or seek services:

### Phone:

- Mental Health Access: 916-875-1055 or toll free 888-881-4881. California Relay Service: 711
- Substance Use Prevention and Treatment Services System of Care: 916-874-9754, or toll free 888-881-4881. California Relay Service: 711

### Online: (Mental Health Only):

- Online Mental Health Service Request  
<https://tinyurl.com/2jevcsbw>

### Mail:

- Mental Health Access Team, 7001-A East Parkway, Suite 700, Sacramento, CA 95823
- Substance Use Prevention and Treatment System of Care, 7001-A East Parkway, Suite 500, Sacramento, CA 95823

### Walk-In:

- Mental Health Urgent Care Clinic [Open 24 hours 7 days per week] at 2130 Stockton Blvd. Building 300, Sacramento, CA 95813.
- (916) 520-2460. California Relay Service: 711
- Mental Health Provider Walk-in list:  
<https://tinyurl.com/xpxezvh5>



- Substance Use Prevention and Treatment Community Resource List: <https://tinyurl.com/5eayx7bp>

